

# GET A GRIP

L'ART DU DEPLACEMENT

## Trace Elements

Part live action, part film, **Get A Grip** is based on a raw yet refined, no holds barred approach to dynamic physical movement.

The art of Parkour tests the physical, mental and cultural limitations of human movement as the body meets with natural landscapes and manmade structures in unexpected and awe-inspiring ways. Over three nights, **Trace Elements** challenge the urban playground with stunts and tricks, death-defying leaps and jaw-dropping moves.

Three shows only - limited tickets available

Co-creators and performers: **Morgan Evans, Matthew Campbell, Alex Yakimov, Harley Durst, Rhys James, Jamie MacDowell** Artistic Advisor: **Nat Cursio**  
Film Designer: **Peter Szollosi** Sound Designer: **Byron Scullin**  
Lighting Designer: **Jen Hector**

[trace-elements.com.au](http://trace-elements.com.au)

Presented by Arts House in association with ReelDance International Dance on Screen Festival 2008



**Tue 6 – Thu 8 May 2008**  
7.30pm

Arts House, North Melbourne Town Hall  
521 Queensberry Street, North Melbourne

Tickets: \$20/\$15

[easytix.com.au/artshouse](http://easytix.com.au/artshouse)  
or 03 9639 0096



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